CERTIFICATE OF ANALYSIS
THE WORKS

PRODUCT & LOT DETAILS

Customer: North Century Pharmacy
Product: The Works
Product Count: 60
Dosage Form: Capsules
Product Color: Beige
In-Process Lot: 2026-32827N
Finished Product Lot: 2026-32828N
Manufacture Date: 08/04/2026
Expiration Date: 08/04/2028
Target Weight: 905 mg

CAPSULE & SERVING INFORMATION

Capsule Material: Hypromellose
Capsule Size: "00"
Capsule Weight: 120 mg
Serving Size: 2 capsules / 1 serving daily

PHYSICAL EXAMINATION

Test	Test Method	Specification	Result
Weight Variation	USP <2091>	Meets USP	Conforms
Average Weight	Scale	860 - 950 mg	900 mg
Disintegration	USP <2040>	NMT 30 Minutes	NMT 15 Minutes

*These tests are accredited under ISO/IEC 17025:2017 accreditation issued by the ANSI-ASQ National Accreditation Board. Certificate/scope of accreditation AT-2649.

MICROBIAL EXAMINATION*

Test	Test Method	Specification	Result
Total Plate Count	NJ-LAB-S-268	<10,000 cfu/g	<1,000 cfu/g
Yeast and Mold	NJ-LAB-S-268	<1,000 cfu/g	<100 cfu/g
Escherichia coli	NJ-LAB-S-268	Absent/10g	Absent/10g
Salmonella	NJ-LAB-S-268	Absent/10g	Absent/10g

HEAVY METALS EXAMINATION**

Test	Test Method	Specification	Result
Total Arsenic (As)	ICP MS	<15.000 mcg/day	0.044 mcg/day
Cadmium (Cd)	ICP MS	<5.000 mcg/day	0.062 mcg/day
Total Mercury (Hg)	ICP MS	<2.000 mcg/day	<0.020 mcg/day
Lead (Pb)	ICP MS	<5.000 mcg/day	0.184 mcg/day

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ANALYTICAL EXAMINATION**

Vitamins

Analyte	Test Method	Specification	Result
Vitamin A (as Retinyl Palmitate)	HPLC-UV**	380 - 570 mcg	413 mcg
Vitamin C (as Ascorbic Acid)	NJ-LAB-M-2	50 - 75 mg	50.2 mg
Vitamin D (as Cholecalciferol)	LC-MS-MS**	125 - 187.5 mcg	128.95 mcg
Vitamin E (as D-Alpha Tocopheryl Succinate)	HPLC-UV**	8 - 12 mg	8.2 mg
Thiamin (as Thiamin Mononitrate)	HPLC-UV**	30 - 45 mg	30 mg
Riboflavin (as Riboflavin-5-Phosphate)	HPLC-FLD**	20 - 30 mg	20 mg
Niacin (as Niacinamide)	HPLC-UV**	50 - 75 mg	50.6 mg
Vitamin B6 (as Pyridoxal-5-Phosphate)	HPLC-UV**	15 - 22.5 mg	15.06 mg
Folate (as L-Methylfolate Calcium)	HPLC-UV**	400 - 600 mcg DFE	551 mcg DFE
Vitamin B12 (as Hydroxocobalamin HCl)	HPLC-UV**	1,000 - 1,500 mcg	1,006 mcg
Biotin	LC-MS-MS**	4,000 - 6,000 mcg	4,278 mcg
Pantothenic Acid (as Calcium Pantothenate)	HPLC-UV**	50 - 75 mg	59 mg
Choline (as Choline Bitartrate)	HPLC-RI**	30 - 45 mg	31.18 mg
Menaquinone-7 (Vitamin K2)	LC-MS-MS**	180 - 270 mcg	204 mcg

Minerals

Analyte	Test Method	Specification	Result
Iodine (as Potassium Iodide)	ICP-MS**	50 - 72.5 mcg	52.6 mcg
Magnesium (as Magnesium Malate)	ICP-MS**	25 - 36.25 mg	27.34 mg
Zinc (as Zinc Bisglycinate Chelate)	ICP-MS**	15 - 21.75 mg	16.38 mg
Selenium (as Selenomethionine)	ICP-MS**	40 - 58 mcg	44.78 mcg
Copper (as Copper Bisglycinate Chelate)	ICP-MS**	1.5 - 2.18 mg	1.62 mg
Manganese (as Manganese Citrate)	ICP-MS**	2 - 2.9 mg	2.18 mg
Chromium (as Chromium Nicotinate Glycinate Chelate)	ICP-MS**	1,000 - 1,450 mcg	1,060 mcg
Molybdenum (as Molybdenum Glycinate Chelate)	ICP-MS**	75 - 108.75 mcg	84.12 mcg
Vanadium (as Vanadyl Sulfate)	ICP-MS**	750 - 1,087.5 mcg	778 mcg

Specialty Actives

Analyte	Test Method	Specification	Result
Acetyl L-Carnitine HCl	HPLC-RI**	350 - 525 mg	420 mg
Alpha Lipoic Acid	HPLC-UV**	150 - 225 mg	144.8 mg †
Green Tea Leaf Extract (98% Polyphenols) (80% Catechins)(50% Epigallocatechin Gallate)	RM ID***	35 mg	35 mg
Epigallocatechin Gallate	HPLC-UV**	17.5 - 26.25 mg	17.62 mg

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***Verified by Raw Material Testing and Process Manufacturing (NJ-LAB-S-214).
† Due to measurement uncertainty for analytical method as per ISO 17025:2017 (3.7).

OTHER INGREDIENTS

Hypromellose (Capsule), Magnesium Stearate, Silicon Dioxide, Ascorbyl Palmitate, Microcrystalline Cellulose

COMPOSITION STATEMENT

Product contains Lanolin

Approval