

CERTIFICATE OF ANALYSIS

THE WORKS



PRODUCT & LOT DETAILS

Customer: North Century Pharmacy

Product: The Works

Product Count: 60

Dosage Form: Capsules

Product Color: Orange

In-Process Lot: 2026-32464N

Finished Product Lot: 2026-32465N

Manufacture Date: 06/2026

Expiration Date: 06/2028

Target Weight: 880 mg

CAPSULE & SERVING INFORMATION

Capsule Material: Hypromellose

Capsule Size: "00"

Capsule Weight: 120 mg

Serving Size: 2 capsules / 1 serving daily

PHYSICAL EXAMINATION

Test	Test Method	Specification	Result
Weight Variation	USP <2091>	Meets USP	Conforms
Average Weight	Scale	836 - 950 mg	869 mg
Disintegration	USP <2040>	NMT 30 Minutes	NMT 15 Minutes

*These tests are accredited under ISO/IEC 17025:2017 accreditation issued by the ANSI-ASQ National Accreditation Board. Certificate/scope of accreditation AT-2649.

MICROBIAL EXAMINATION*

Test	Test Method	Specification	Result
Total Plate Count	NJ-LAB-S-268	<10,000 cfu/g	<1,000 cfu/g
Yeast and Mold	NJ-LAB-S-268	<1,000 cfu/g	<100 cfu/g
Escherichia coli	NJ-LAB-S-268	Absent/10g	Absent/10g
Salmonella	NJ-LAB-S-268	Absent/10g	Absent/10g

HEAVY METALS EXAMINATION**

Test	Test Method	Specification	Result
Total Arsenic (As)	ICP MS	<15.000 mcg/day	0.042 mcg/day
Cadmium (Cd)	ICP MS	<5.000 mcg/day	0.058 mcg/day
Total Mercury (Hg)	ICP MS	<2.000 mcg/day	<0.020 mcg/day
Lead (Pb)	ICP MS	<5.000 mcg/day	0.104 mcg/day

**These tests are accredited under subcontracted laboratory's ISO 17025 accreditation.

ANALYTICAL EXAMINATION**

Vitamins

Analyte	Test Method	Specification	Result
Vitamin A (as Retinyl Palmitate)	RM ID***	380 mcg	380 mcg
Vitamin C (as Ascorbic Acid)	RM ID***	50 mg	50 mg
Vitamin D (as Cholecalciferol)	RM ID***	125 mcg	125 mcg
Vitamin E (as D-Alpha Tocopheryl Succinate)	RM ID***	8 mg	8 mg
Thiamin (as Thiamin Mononitrate)	RM ID***	30 mg	30 mg
Riboflavin (as Riboflavin-5-Phosphate)	RM ID***	20 mg	20 mg
Niacin (as Niacinamide)	RM ID***	50 mg	50 mg
Vitamin B6 (as Pyridoxal-5-Phosphate)	RM ID***	15 mg	15 mg
Folate (as L-Methylfolate Calcium)	RM ID***	400 mcg DFE	400 mcg DFE
Vitamin B12 (as Hydroxycobalamin HCl)	RM ID***	1,000 mcg	1,000 mcg
Biotin	LC-MS-MS**	4,000 - 6,000 mcg	4,604 mcg
Pantothenic Acid (as Calcium Pantothenate)	RM ID***	50 mg	50 mg
Choline (as Choline Bitartrate)	RM ID***	30 mg	30 mg
Menaquinone-7 (Vitamin K2)	RM ID***	180 mcg	180 mcg

Minerals

Analyte	Test Method	Specification	Result
Iodine (as Potassium Iodide)	RM ID***	50 mcg	50 mcg
Magnesium (as Magnesium Malate)	RM ID***	25 mg	25 mg
Zinc (as Zinc Bisglycinate Chelate)	RM ID***	15 mg	15 mg
Selenium (as Selenomethionine)	RM ID***	40 mcg	40 mcg
Copper (as Copper Bisglycinate Chelate)	RM ID***	1.5 mg	1.5 mg
Manganese (as Manganese Citrate)	RM ID***	2 mg	2 mg
Chromium (as Chromium Nicotinate Glycinate Chelate)	ICP-MS**	1,000 - 1,450 mcg	1,218.96 mcg
Molybdenum (as Molybdenum Glycinate Chelate)	RM ID***	75 mcg	75 mcg
Vanadium (as Vanadyl Sulfate)	RM ID***	750 mcg	750 mcg

Specialty Actives

Analyte	Test Method	Specification	Result
Acetyl L-Carnitine HCl	RM ID***	350 mg	350 mg
Alpha Lipoic Acid	RM ID***	150 mg	150 mg
Green Tea Leaf Extract (98% Polyphenols) (80% Catechins)(50% Epigallocatechin Gallate)	RM ID***	35 mg	35 mg
Epigallocatechin Gallate	RM ID***	17.5 mg	17.5 mg

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***Verified by Raw Material Testing and Process Manufacturing (NJ-LAB-S-214).

OTHER INGREDIENTS

Hypromellose (Capsule), Ascorbyl Palmitate, Microcrystalline Cellulose

COMPOSITION STATEMENT

Product contains Lanolin

Approval